

**NATIONAL INSTITUTE OF RURAL DEVELOPMENT & PANCHAYATI RAJ**  
**Rajendranagar, Hyderabad**

**TRAINING PROGRAMME ON**

**COMMUNITY BASED REHABILITATION OF  
PERSONS WITH DISABILITIES**

**7-11 November, 2016**

**Background**

The traditional concept of rehabilitation of the persons with disability has been based on the belief that disability is a deviation from the normal, and that a person with disability must be helped to compensate for the deviation and to learn to function as close as possible to what is "normal". Currently, this relationship between disability and "normality" is undergoing a revolution, mainly at the urging of the organizations formed by disabled people themselves. The belief now held is that it is natural for differences to exist in human societies. A society truly concerned with human rights is believed to be one which defends the right of its minorities to be different and does not compel those minorities to adjust to a "norm" established by a majority.

Given these beliefs, the limitations faced by the disabled individuals are no longer linked to their disabilities as such, but to society's inability to treat all citizens equally. This new approach is based on the notion of right rather than of the charity; of acceptance of differences rather than compulsory adjustment to the norm; of inclusion, participation and citizenship rather than exclusion.

These beliefs have also affected the traditional ideas about rehabilitation. Previously, attention was focused exclusively on the rehabilitation of individuals with disabilities. Now emphasis is placed on the need to rehabilitate society in order to increase awareness and actions that will eliminate barriers and promote the inclusion of disabled people, along with other minorities.

**Community-based rehabilitation(CBR)** is a strategy within community development for the rehabilitation, equalization of opportunities and social integration of all people with disabilities. Among other things, CBR includes disability prevention, rehabilitation in primary health care, integration of disability children into the ordinary school system, vocational skills acquisition by disabled youth and, for disabled adults, the possibility of pursuing gainful employment. Thus, CBR is aimed at improving the quality of life of disabled persons by promoting their integration in their community, by preventing their being marginalized and by assisting them to realize their full potential.

Community-Based Rehabilitation (CBR) is a relatively new strategy which is increasingly being adopted by developing countries to improve the quality of life of their people who have disabilities. It is 'new' as a strategy and it is based conceptually on a 'new' synthesis of ideas. But many of these ideas however have been known for a long time and some have been documented in various forms by several persons at different times.

What is 'new' about CBR is this. Other approaches to rehabilitation in use up to now, focus on providing individuals who have a disability with the training opportunities and other interventions that they need to overcome the consequences of their disabling condition on themselves. The aim of these rehabilitation approaches is to enable individuals to achieve as much functional and economic independence as possible. Yet however functionally and economically independent these people become, they continue to be outside the mainstream of community life. CBR therefore seeks first to change the principal cause of the situation of people who have disability: namely the negative attitudes of individuals, communities and society-at-large towards disability and people who have disability.

CBR strives to ensure that individuals, communities and society accept the equal rights of individuals who have disability. Only then can interventions with people who are disabled bring them a place in society. CBR seeks first to promote a positive change in attitude among the people with whom individuals who have disability interact. Without this attitude change the situation of people with disabilities remains the same. As can be seen from the struggle of the disability movements even in the industrialised countries, functional and economic independence have not brought them an equal status in society.

### **Objectives of the Course**

- a. To understand and assist in the planning and implementation of community based rehabilitation programs;
- b. To develop linkages with appropriate agencies and groups of individuals;
- c. To promote action for the prevention of disabilities;
- d. To enable the participants identify persons with disabilities and their rehabilitation needs;
- e. To provide support for inclusion of persons with disabilities in all the development programmes/ poverty alleviation
- f. To make the participants aware about the legislations on disability and developmental schemes and concessions to persons with disabilities; and
- g. To sensitize the participants about the issues related to gender discrimination and socio-cultural factors.

## **Participants**

Officers who are working in the government department(s) related to the welfare of the persons with disability(PWD). Persons working with the PWD in the NGOs, CBOs and other institutions are also welcome to join this course.

## **Course Fee**

There is no course fee. Free board and lodging facilities will be provided in the guest house of the Institute. However, travel costs of the nominees for the course will have to be borne by the sponsoring organization/departments.

**Duration: 7-11 November , 2016 (Five days)**

## **Nominations**

- Last date for receiving nomination(s) is 28 October 2016.
- Nomination has to be sent to **Shri K. Sudhir Kumar, Training Manager (CESD)** on his email ID: [kuparisudhir@gmail.com](mailto:kuparisudhir@gmail.com) Nomination can be sent in Fax No. 040-24008423

## **Programme Coordinator**

**Dr. R.K. Shrivastava**  
**Dr. R.R. Prasad**